IFOS PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.

PRODUCT SUMMARY

Super Omega-3 EPA/DHA

Batch /Lot #: 240614
Expiry Date: 11/2026
Direction: Take two softgels twice daily with meals or as recommended by a healthcare practitioner.

COMPANY DETAILS

Life Extension

3600 West Commercial Boulevard
Ft. Lauderdale, FL, US 33309
https://www.lifeextension.com/

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories

PASS

The IFOS Program is provided exclusively by Nutrasource

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Category 1: Potency	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA	350	397	Yes
DHA	250	272	Yes
Total Omega-3	600	782	Yes

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.706 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.167 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.0621 ppt	Yes

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	1.94 mg KOH/g	Yes
Peroxide	<= 5 meq/kg	0.16 meq/kg	Yes
Anisidine	<= 20	6.6	Yes
Total Oxidation	<= 19.5	6.92	Yes

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	<0.0200	Yes
Cadmium	<= 0.1 ppm	<0.0200	Yes
Lead	<= 0.05 ppm	<0.0200	Yes
Total Arsenic	<= 0.1 ppm	<0.0300	Yes

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