



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



COMPANY DETAILS

Swisse Italia (Health and Happiness Italy S.r.l.)

Milano (MI), Italy

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PRODUCT SUMMARY

OMEGA 3 COCENTRATO

Batch / Lot #: 3313SOCH01

Expiry Date: 11/2026

Recommended Dosage: 1 to 3 softgels a day.

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
EPA	648	722	YES
DHA	432	442	YES
Total Omega 3	1116	1333	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	3.40 ppb	YES
Dioxins and Furans	<= 1 ppt	0.227 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.108 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.07 mg KOH/g	YES
Peroxide	<= 5 meq/kg	1.02 meq/kg	YES
Anisidine	<= 20	0.47	YES
Total Oxidation	<= 19.5	2.51	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.0050 ppm	YES
Lead	<= 0.1 ppm	< 0.020 ppm	YES
Total Arsenic	<= 0.1 ppm	< 0.050 ppm	YES
Cadmium	<= 0.1 ppm	< 0.010 ppm	YES

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