



# PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



## COMPANY DETAILS

Viva Naturals

100 Sheppard Ave E. Suite 700  
North York, ON  
[www.vivanaturals.com](http://www.vivanaturals.com)

## PRODUCT SUMMARY

Triple Strength Omega 3 Fish Oil

Batch / Lot #: 5828370

Manufacturing Date: 11/2022

Expiry Date: 11/2024

Recommended Dosage:

Take 2 softgels once daily with a meal or as directed by health care practitioner.

## TESTING RESULTS

- Omega-3 concentration consistent with label
- Passes IFOS oxidation standards
- Passes IFOS PCB, PCDD/F standards
- Passes IFOS heavy metal standards
- Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

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# Certifications

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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
<b>EPA</b>	700	773	YES
<b>DHA</b>	240	269	YES
<b>Total Omega 3</b>	1000	1145	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
<b>PCBs</b>	<= 45 ppb	0.247 ppb	YES
<b>Dioxins and Furans</b>	<= 1 ppt	0.182 ppt	YES
<b>Dioxin-Like PCBs</b>	<= 1.5 ppt	0.0216 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
<b>Acid Value</b>	<= 3 mg KOH/g	0.14 mg KOH/g	YES
<b>Peroxide</b>	<= 5 meq/kg	1.62 meq/kg	YES
<b>Anisidine</b>	<= 20	4.15	YES
<b>Total Oxidation</b>	<= 19.5	7.39	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
<b>Mercury</b>	<= 0.1 ppm	< 0.0200 ppm	YES
<b>Lead</b>	<= 0.1 ppm	< 0.0200 ppm	YES
<b>Total Arsenic</b>	<= 0.1 ppm	< 0.0300 ppm	YES
<b>Cadmium</b>	<= 0.1 ppm	< 0.0200 ppm	YES

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