



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



COMPANY DETAILS

Viva Naturals

100 Sheppard Ave E. Suite 700

North York, ON

www.vivanaturals.com

PRODUCT SUMMARY

Triple Strength Omega 3 Fish Oil (90)

Batch / Lot #: UC240483

Expiry Date: 10/2026

Recommended Dosage:

Take 2 softgels once daily with a meal or as directed by health care practitioner.

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories



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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
EPA	750	790	YES
DHA	284	309	YES
Total Omega 3	1125	1209	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	< 5 ppb	YES
Dioxins and Furans	<= 1 ppt	< 1.0 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	< 0.5 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.17 mg KOH/g	YES
Peroxide	<= 5 meq/kg	2.14 meq/kg	YES
Anisidine	<= 20	3.61	YES
Total Oxidation	<= 19.5	7.89	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.005 ppm	YES
Lead	<= 0.05 ppm	< 0.003 ppm	YES
Total Arsenic	<= 0.1 ppm	< 0.1 ppm	YES
Cadmium	<= 0.1 ppm	< 0.002 ppm	YES

Comments
Radioactivity specification: <50 bq/kg, Result: <9 bq/kg. DPA specification: 25 mg/softgel, Result: 54 mg/softgel. EFA tested as re-esterified triglyceride (rTG).

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