



# PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



## COMPANY DETAILS

Viva Naturals

100 Sheppard Ave E. Suite 700

North York, ON

[www.vivanaturals.com](http://www.vivanaturals.com)

## PRODUCT SUMMARY

Triple Strength Omega 3 Fish Oil (60)

Batch / Lot #: UC240483

Expiry Date: 10/2026

Recommended Dosage:

Take 2 softgels once daily with a meal or as directed by health care practitioner.

## TESTING RESULTS

Omega-3 concentration consistent with label  
Passes IFOS oxidation standards  
Passes IFOS PCB, PCDD/F standards  
Passes IFOS heavy metal standards  
Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

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# Certifications

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Pharmaceutical and Nutraceutical Services



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| Category 1:<br>Potency | Specification<br>mg / softgel | Batch Results<br>mg / softgel | IFOS Compliance |
|------------------------|-------------------------------|-------------------------------|-----------------|
| <b>EPA</b>             | 750                           | 790                           | YES             |
| <b>DHA</b>             | 284                           | 309                           | YES             |
| <b>Total Omega 3</b>   | 1125                          | 1209                          | YES             |

| Category 2:<br>Purity, Safety &<br>Cleanliness | Specification | Batch Results | IFOS Compliance |
|------------------------------------------------|---------------|---------------|-----------------|
| <b>PCBs</b>                                    | <= 45 ppb     | < 5 ppb       | YES             |
| <b>Dioxins and Furans</b>                      | <= 1 ppt      | < 1.0 ppt     | YES             |
| <b>Dioxin-Like PCBs</b>                        | <= 1.5 ppt    | < 0.5 ppt     | YES             |

| Category 3:<br>Stability | Specification | Batch Results | IFOS Compliance |
|--------------------------|---------------|---------------|-----------------|
| <b>Acid Value</b>        | <= 3 mg KOH/g | 0.17 mg KOH/g | YES             |
| <b>Peroxide</b>          | <= 5 meq/kg   | 2.14 meq/kg   | YES             |
| <b>Anisidine</b>         | <= 20         | 3.61          | YES             |
| <b>Total Oxidation</b>   | <= 19.5       | 7.89          | YES             |

| Category 4:<br>Heavy Metals | Specification | Batch Results | IFOS Compliance |
|-----------------------------|---------------|---------------|-----------------|
| <b>Mercury</b>              | <= 0.1 ppm    | < 0.005 ppm   | YES             |
| <b>Lead</b>                 | <= 0.05 ppm   | < 0.003 ppm   | YES             |
| <b>Total Arsenic</b>        | <= 0.1 ppm    | < 0.1 ppm     | YES             |
| <b>Cadmium</b>              | <= 0.1 ppm    | < 0.002 ppm   | YES             |

| Comments                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Radioactivity specification: <50 bq/kg, Result: <9 bq/kg.<br>DPA specification: 25 mg/softgel, Result: 54 mg/softgel.<br>EFA tested as re-esterified triglyceride (rTG). |

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