



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



120 kapselia/kapslar
Ravintolisä/kostilliskott

*250 mg vuorokausiannos
EPA- ja DHA-rasvahappoja edistää
sydämen normaalia toimintaa.

2
kapselia
päivässä



COMPANY DETAILS

Suomen Terveysravinto Oy

PL146 Tampere 33101 Finland

asiakaspalvelu@suomenterveysravinto.fi

PRODUCT SUMMARY

Sydänystävä Omega 3

Batch / Lot #: B0023206

Expiry Date: 12/02/2026 (DD/MM/YY)

Directions: 2 capsules daily

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

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Category 1: Potency	Specification mg / cap	Batch Results mg / cap	IFOS Compliance
EPA	205	214	YES
DHA	105	119	YES
Total Omega 3	315	382	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.589 ppb	YES
Dioxins and Furans	<= 1 ppt	0.0949 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.0595 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.24 mg KOH/g	YES
Peroxide	<= 5 meq/kg	1.71 meq/kg	YES
Anisidine	<= 20	4.45	YES
Total Oxidation	<= 19.5	7.87	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.05 ppm	YES
Lead	<= 0.1 ppm	0.02 ppm	YES
Inorganic Arsenic	<= 0.1 ppm	< 0.05 ppm	YES
Cadmium	<= 0.1 ppm	< 0.01 ppm	YES

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