

## **PRODUCT REPORT**

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



#### **COMPANY DETAILS**

**PRO Action** 

https://en.proaction.it

#### **PRODUCT SUMMARY**

**OMEGA 3 HD** 

Batch / Lot #: C22A630 Expiry Date: 20/01/2025

Directions: Take 4 softgels daily.

### **TESTING RESULTS**

Omega-3 concentration consistent with label Passes IFOS oxidation standards Passes IFOS PCB, PCDD/F standards Passes IFOS heavy metal standards Passes all IFOS testing categories



#### The IFOS Program is provided exclusively by Nutrasource

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| Category 1: Potency | Specification mg / 4 softgels | Batch Results<br>mg / 4 softgels | IFOS Compliance |
|---------------------|-------------------------------|----------------------------------|-----------------|
| EPA                 | 2142                          | 2191                             | YES             |
| DHA                 | 882                           | 933                              | YES             |
| Total Omega 3       | 3150                          | 3542                             | YES             |

| Category 2: Purity, Safety & Cleanliness | Specification | Batch Results | IFOS Compliance |
|--|---------------|---------------|-----------------|
| PCBs                                     | <= 45 ppb     | 0.146 ppb     | YES             |
| Dioxins and Furans                       | <= 1 ppt      | 0.124 ppt     | YES             |
| Dioxin-Like PCBs                         | <= 1.5 ppt    | 0.00869 ppt   | YES             |

| Category 3:<br>Stability | Specification | Batch Results | IFOS Compliance |
|--------------------------|---------------|---------------|-----------------|
| Acid Value               | <= 3 mg KOH/g | 2.19 mg KOH/g | YES             |
| Peroxide                 | <= 5 meq/kg   | 0.54 meq/kg   | YES             |
| Anisidine                | <= 20         | 7.29          | YES             |
| Total Oxidation          | <= 19.5       | 8.37          | YES             |

| Category 4:<br>Heavy Metals | Specification | Batch Results | IFOS Compliance |
|-----------------------------|---------------|---------------|-----------------|
| Mercury                     | <= 0.1 ppm    | < 0.0050 ppm  | YES             |
| Lead                        | <= 0.1 ppm    | < 0.020 ppm   | YES             |
| Total Arsenic               | <= 0.1 ppm    | < 0.050 ppm   | YES             |
| Cadmium                     | <= 0.1 ppm    | < 0.010 ppm   | YES             |









