



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



COMPANY DETAILS

PRO Action

<https://en.proaction.it>

PRODUCT SUMMARY

OMEGA 3 HD

Batch / Lot #: C522311005

Expiry Date: 11/2026

Directions: Take 4 softgels daily.

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

120 Research Lane, Suite 101 | Guelph, ON N1G 0B4 | certifications.nutrasource.ca

Certifications

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Pharmaceutical and Nutraceutical Services



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Category 1: Potency	Specification mg / 4 softgels	Batch Results mg / 4 softgels	IFOS Compliance
EPA	2142	2366	YES
DHA	882	1047	YES
Total Omega 3	3150	3811	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	2.32 ppb	YES
Dioxins and Furans	<= 1 ppt	0.106 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.0877 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.38 mg KOH/g	YES
Peroxide	<= 5 meq/kg	0.41 meq/kg	YES
Anisidine	<= 20	10.33	YES
Total Oxidation	<= 19.5	11.15	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.0050 ppm	YES
Lead	<= 0.1 ppm	< 0.020 ppm	YES
Inorganic Arsenic	<= 0.1 ppm	< 0.050 ppm	YES
Cadmium	<= 0.1 ppm	< 0.010 ppm	YES

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