



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



COMPANY DETAILS

Barlean's

1-800-445-3529

www.barleans.com

PRODUCT SUMMARY

Name: Ideal Omega

Batch / Lot #: 23004658

Expiry Date: 12/12/2026

Directions: 1 softgel daily.

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories



The IFOS Program is provided exclusively by Nutrasource

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Pharmaceutical and Nutraceutical Services



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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
EPA	750	810	YES
DHA	250	274	YES
Total Omega 3	1030	1163	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	15.3 ppb	YES
Dioxins and Furans	<= 1 ppt	0.126 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.265 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.20 mg KOH/g	YES
Peroxide	<= 5 meq/kg	0.54 meq/kg	YES
Anisidine	<= 20	1.65	YES
Total Oxidation	<= 19.5	2.73	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.0050 ppm	YES
Lead	<= 0.1 ppm	< 0.020 ppm	YES
Inorganic Arsenic	<= 0.1 ppm	< 0.02 ppm	YES
Cadmium	<= 0.1 ppm	< 0.010 ppm	YES

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