



# PRODUCT REPORT



## COMPANY DETAILS

### Harmony Natural Health Co. Limited

bioharmony.natural@gmail.com

[www.bioharmony.com.hk](http://www.bioharmony.com.hk)

## PRODUCT SUMMARY

### BioHarmony Golden OMEGA-3 Fish Oil

Batch /Lot #: U509092

Expiry Date: 21/11/2028(DD/MM/YYYY)

Direction: Ages 14–25: Take 1 softgel once daily  
with meals.

Ages 26 and above: Take 2 softgels once daily with  
meals.



[certifications@nutrasource.ca](mailto:certifications@nutrasource.ca)

**Certifications**  
by **nutrasource**  
Pharmaceutical and Nutritional Certification



Certifications By



# PRODUCT REPORT

| Potency              | Specification<br>mg / capsule | Batch Results<br>mg / capsule | IFOS<br>Compliance |
|----------------------|-------------------------------|-------------------------------|--------------------|
| <b>EPA</b>           | 288                           | 304                           | Yes                |
| <b>DHA</b>           | 192                           | 208                           | Yes                |
| <b>Total Omega-3</b> | 510                           | 562                           | Yes                |

| Purity, Safety &<br>Cleanliness | Specification | Batch Results | IFOS<br>Compliance |
|---------------------------------|---------------|---------------|--------------------|
| <b>PCBs</b>                     | <= 45 ppb     | 14.6 ppb      | Yes                |
| <b>Dioxins and Furans</b>       | <= 1 ppt      | 0.201 ppt     | Yes                |
| <b>Dioxin-Like PCBs</b>         | <= 1.5 ppt    | 0.126 ppt     | Yes                |

| Stability         | Specification | Batch Results | IFOS<br>Compliance |
|-------------------|---------------|---------------|--------------------|
| <b>Acid Value</b> | <= 3 mg KOH/g | 0.12 mg KOH/g | Yes                |
| <b>Peroxide</b>   | <= 5 meq/kg   | 2.2 meq/kg    | Yes                |
| <b>Anisidine</b>  | <= 20         | 6.3           | Yes                |
| <b>TOTOX</b>      | <= 19.5       | 10.7          | Yes                |

| Heavy Metals         | Specification | Batch Results | IFOS<br>Compliance |
|----------------------|---------------|---------------|--------------------|
| <b>Mercury</b>       | <= 0.1 ppm    | < 0.01 ppm    | Yes                |
| <b>Cadmium</b>       | <= 0.1 ppm    | < 0.02 ppm    | Yes                |
| <b>Lead</b>          | <= 0.05 ppm   | < 0.02 ppm    | Yes                |
| <b>Total Arsenic</b> | <= 0.1 ppm    | < 0.02 ppm    | Yes                |