



PRODUCT REPORT



COMPANY DETAILS

HOWTOYAK. Inc

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PRODUCT SUMMARY

Heracles Expert Omega 3

Batch /Lot #: 26002
Expiry Date: 11-Feb-2029
Direction: Take one capsule once a day with water.





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Potency	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
EPA + DHA	1100	1123	Yes

Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.596 ppb	Yes
Dioxins and Furans	<= 1 ppt WHO-TEQ (2005)	0.104 ppt WHO-TEQ (2005)	Yes
Dioxin-Like PCBs	<= 1.5 ppt WHO-TEQ (2005)	0.00548 ppt WHO-TEQ (2005)	Yes

Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.13 mg KOH/g	Yes
Peroxide	<= 5 meq/kg	0.26 meq/kg	Yes
Anisidine	<= 20	18.44	Yes
TOTOX	<= 19.5	18.96	Yes

Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.005 mg/kg	Yes
Cadmium	<= 0.1 ppm	< 0.005 mg/kg	Yes
Lead	<= 0.05 ppm	0.0103 mg/kg	Yes
Inorganic Arsenic	<= 0.1 ppm	< 0.0873 mg/kg	Yes

Comments
Batch Results (mg per cap): EPA 805 mg per cap, DHA 318 mg per cap