



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



PRODUCT SUMMARY

Fjorda Super Omega-3

Batch /Lot #: 24264

Expiry Date: 28-Nov-2027

Direction: 2-5 capsules daily.

COMPANY DETAILS

Fjorda AS

Dalegata 71

6516 Kristiansund, Norway

www.fjorda.com

TESTING RESULTS

Omega-3 concentration consistent with label

Passes IFOS oxidation standards

Passes IFOS PCB, PCDD/F standards

Passes IFOS heavy metal standards

Passes all IFOS testing categories



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Category 1: Potency	Specification mg per 2 caps	Batch Results mg per 2 caps	IFOS Compliance
EPA	550	609	Yes
DHA	250	287	Yes
Total Omega-3	900 (90%)	968 (96.4%)	Yes

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.116 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.249 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.00617 ppt	Yes

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.23 mg KOH/g	Yes
Peroxide	<= 5 meq/kg	0.94 meq/kg	Yes
Anisidine	<= 20	5.54	Yes
Total Oxidation	<= 19.5	7.42	Yes

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	< 0.002 ppm	Yes
Cadmium	<= 0.1 ppm	< 0.002 ppm	Yes
Lead	<= 0.05 ppm	< 0.003 ppm	Yes
Total Arsenic	<= 0.1 ppm	< 0.1 ppm	Yes

Comments
Radioactivity specification: < 50 bq/kg, Result: < 30 bq/kg. DPA Specification: 36mg/2caps, Result: 40mg/2caps Capsule fill weight: 515.3 mg/cap

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