



PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.



PRODUCT SUMMARY

Mindful, Pure Omega-3, Daily Capsules

Batch /Lot #: MC51996

Expiry Date: 31-Oct-2026

Direction: One a day (adult & kids over 12)

COMPANY DETAILS

Bare Biology Ltd.

Platform 9, Tower Point

Brighton, GB BN1 1YR

<https://www.barebiology.com/>

TESTING RESULTS

Omega-3 concentration consistent with label

Passes IFOS oxidation standards

Passes IFOS PCB, PCDD/F standards

Passes IFOS heavy metal standards

Passes all IFOS testing categories



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Category 1: Potency	Specification mg per cap	Batch Results mg per cap	IFOS Compliance
DHA	560	565	Yes
Total Omega-3	650	650	Yes

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.132 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.190 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.0111 ppt	Yes

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.05 mg KOH/g	Yes
Peroxide	<= 5 meq/kg	3.19 meq/kg	Yes
Anisidine	<= 20	5.83	Yes
Total Oxidation	<= 19.5	12.21	Yes

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	<0.0112 ppm	Yes
Cadmium	<= 0.1 ppm	<0.0015 ppm	Yes
Lead	<= 0.1 ppm	0.0061 ppm	Yes
Inorganic Arsenic	<= 0.1 ppm	<0.0060 ppm	Yes

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