IFOS PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.

PRODUCT SUMMARY

Life & Soul, Pure Omega-3, Daily Mini Capsules

Batch /Lot #: LSC1205409
Expiry Date: 31-Oct-2026
Direction: Four a day (adult & kids over 12)

COMPANY DETAILS

Bare Biology Ltd.

Platform 9, Tower Point
Brighton, GB BN1 1YR
https://www.barebiology.com/

TESTING RESULTS

Omega-3 concentration consistent with label
Passes IFOS oxidation standards
Passes IFOS PCB, PCDD/F standards
Passes IFOS heavy metal standards
Passes all IFOS testing categories

PASS

The IFOS Program is provided exclusively by Nutrasource
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Category 1: Potency	Specification mg / 4 caps	Batch Results mg / 4 caps	IFOS Compliance
EPA	860	897	Yes
DHA	440	440	Yes
Total Omega-3	1460	1532	Yes

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	0.110 ppb	Yes
Dioxins and Furans	<= 1 ppt	0.148 ppt	Yes
Dioxin-Like PCBs	<= 1.5 ppt	0.00923 ppt	Yes

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.06 mg KOH/g	Yes
Peroxide	<= 5 meq/kg	2.48 meq/kg	Yes
Anisidine	<= 20	3.53	Yes
Total Oxidation	<= 19.5	8.49	Yes

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	<0.0122 ppm	Yes
Cadmium	<= 0.1 ppm	<0.0016 ppm	Yes
Lead	<= 0.1 ppm	0.0075 ppm	Yes
Inorganic Arsenic	<= 0.1 ppm	<0.0065 ppm	Yes

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