PRODUCT REPORT

IFOS Product Reports help you make an informed choice about the Omega-3 products you buy.

COMPANY DETAILS

Health First Network

1-866-846-7447

www.healthfirst.ca

PRODUCT SUMMARY

Omega-First

Batch / Lot #: 22403132
Expiry Date: 27/03/2027
Directions: Adults: Take 2-3 softgels daily.
Children (1-18): Take 2 softgels daily.

TESTING RESULTS

- Omega-3 concentration consistent with label
- Passes IFOS oxidation standards
- Passes IFOS PCB, PCDD/F standards
- Passes IFOS heavy metal standards
- Passes all IFOS testing categories

PASS

The IFOS Program is provided exclusively by Nutrasource

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Category 1: Potency	Specification mg / softgel	Batch Results mg / softgel	IFOS Compliance
EPA	450	503	YES
DHA	250	286	YES
Total Omega 3	830	882	YES

Category 2: Purity, Safety & Cleanliness	Specification	Batch Results	IFOS Compliance
PCBs	<= 45 ppb	2 ppb	YES
Dioxins and Furans	<= 1 ppt	0.2 ppt	YES
Dioxin-Like PCBs	<= 1.5 ppt	0.3 ppt	YES

Category 3: Stability	Specification	Batch Results	IFOS Compliance
Acid Value	<= 3 mg KOH/g	0.7 mg KOH/g	YES
Peroxide	<= 5 meq/kg	3.4 meq/kg	YES
Anisidine	<= 20	4	YES
Total Oxidation	<= 19.5	10.8	YES

Category 4: Heavy Metals	Specification	Batch Results	IFOS Compliance
Mercury	<= 0.1 ppm	<0.005 ppm	YES
Lead	<= 0.1 ppm	<0.05 ppm	YES
Inorganic Arsenic	<= 0.1 ppm	<0.05 ppm	YES
Cadmium	<= 0.1 ppm	<0.01 ppm	YES

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